

We'd like to thank Alternatif for providing us with such an enjoyable and interesting 10 days. It's not easy to find activities that suit 2 adults, an 18 year-old, and an 11 year-old, but the combination of canyoning, rafting and kayaking did the trick.

All guides seemed to be high quality. Ahmed led us on the canyoning trip and - apart from producing a delicious lunch - I was impressed by how well he used the early stages to assess our individual competencies. Children especially were encouraged to try new things, but always safely.

The rafting was huge fun (although we hadn't expected the journey to the start to be as long). The safety briefing was clear and Mustafa made sure that we understood exactly what to do if there were any problems. Our raft guide was Fahti, who proved to be extremely entertaining. Again, I noticed that he made a careful initial assessment of 'the team' and let us enjoy ourselves within our physical limits.

Sally Ted us on the lake and sea kayaking days. This was a really wonderful experience, and made all the more special by having a guide with such an intimate knowledge of the scenery, wildlife, and history of the area. She was an extremely organised guide, which of course gives a lot of confidence to participants. Food was amazing, given the conditions, and she helped all of us learn more about kayaking in 3 days than I thought possible. We can't be complimentary enough about the 3-day kayaking trip - hugely memorable, a feeling of accomplishment for all; enormous fun.

Thank you all! Jonathan